

VPSV Ayurveda College, Kottakkal

TIME TABLE – FIRST YEAR BAMS Jr (2025 Admn.)

DAY	9.00-10.00 (LECTURE)	10.00-11.00 (LECTURE)	11.00-12.00 (Non lecture)	12.00-1.00 (Non lecture)	LUNCH BREAK	02.00-04.00 (PRACTICAL)		
MONDAY	SN-Sri.Shankaran Kutty, Lecturer in Sanskrit	SA-Dr.Shinitha PV, Asst.Professor	RS-Dr.Shyny Thankachan, Professor	PV-Dr. Vinod D S, Professor		KS-Dr.Suparya G S, Dr.Sahad T, Dr.Uma karthik		
TUESDAY	KS-Dr.Sahad T, Asst.Professor	PV-Dr.Shinitha PV, Asst. Professor	SN-Sri.Shankaran Kutty, Lecturer in Sanskrit	SA- Dr.Neenu Jessy Sabu, Asst.Professor		RS-Dr..Aashik M Raju, Dr.Harikrishna Kamath S Dr.Shyny Thankachan		
WEDNESDAY	SA-Dr.Vinod D S, Professor	KS- Dr.Uma Karthik, Professor	SN-Sri.Shankaran Kutty, Lecturer in Sanskrit	PV-Dr.Shinitha PV, Asst.Professor		RS-Dr..Aashik M Raju, Dr.Harikrishna Kamath S Dr.Shyny Thankachan		
THURSDAY	SN-SN-Sri.Shankaran Kutty, Lecturer in Sanskrit	RS-Dr.Shyny Thankachan	SA-Dr.M V Vinod kumar, Professor	SN- Sri.Shankaran Kutty, Lecturer in Sanskrit		KS-Dr..Suparya G S, Dr.Sahad T, Dr.Uma karthik		
FRIDAY	RS- Dr.Harikrishna Kamath S, Asst.Professor	KS- Dr.Suparya G S, Asst.Professor	RS- Dr..Aashik M Raju, Asst. Professor	SN-Sri.Shankaran Kutty, Lecturer in Sanskrit		SA-Dr.Neenu Jessy Sabu, Dr.M V Vinod kumar		
SATURDAY	SN- Sri.Shankaran Kutty, Lecturer in Sanskrit	RS-Dr.Harikrishna Kamath S, Asst. Professor	KS- Dr.Sahad T/ Dr.Suparya G S, Asst.Professors	SA-Dr.Neenu Jessy Sabu, Asst.Professor		LIBRARY	PE	

SN-Sanskrit
KS-Kriya Sareera
PV-Padartha Vigyan
RS-Rachana Sareera
SA-Samhita Adhyayan

PRINCIPAL